

Program Descriptions • 2007 4-H Horse Forum

Workshops (Days Inn, State College)

- **2007 4-H Horse Program Update-** *Pat Comerford, Penn State Extension Horse Specialist*
Get the latest information on 4-H Horse Program events, activities, rules, program ideas, project materials, etc. Come learn what's new for 2007 and attend recognition program for safety and other award winners.
- **How Your Attitude Affects Your Altitude-** *Dr. Clint Depew, Louisiana State University*
Your attitude and approach to riding, training and life in general affects everything you do! It impacts your performance, your horse, a judge's opinion and how others perceive you. Make it the best you can!
- **Equine Insurance Coverage-** *Walt Jeffers, Owner, Jeffers Insurance*
Learn about the ins and outs of equine insurance coverage, including understanding insurance and planning for the future. Have a more comfortable attitude about insurance and learn to make the best decisions for the future.
- **Therapeutic Riding: Everything You Ever Wanted to Know**
Nina Hill, PA Council On Therapeutic Horsemanship
4-H therapeutic horsemanship enrollment is growing! Learn more about working with therapeutic riding participants and share experiences from a successful instructor.
- **Essential Elements of 4-H -** *Christy Bartley, Program Leader, 4-H Youth Development*
Are your members getting the most out of 4-H? Learn about the essentials every great club should offer and elements of youth development.
- **Tips for Successful Judging Teams -** *Brian Egan, Penn State Equine Science Instructor*
What is judging all about? Where do I start? How do I coach or learn about judging? This session will provide ideas for coaching or competing on a successful horse judging team.
- **Horsemanship Skills Gymkhana-** *Betsy Ullrich, Chester County 4-H Volunteer*
Horsemanship Skills Gymkhanas can be a fun and innovative way to teach and learn skills! Involve members and horses in an educational Level 1-2 gymkhana and encourage members to participate in these classes..
- **Healthy Competition-** *Tom McHugh, Extension 4-H Educator. Luzerne/Lackawanna Counties*
What is "healthy competition", and why do we have it in 4-H? Develop a formula for success for competition that can help create a positive learning environment for youth.
- **How Safe Is Your 4-H Club?-** *Christy Bartley, Program Leader, 4-H Youth Development*
This hands-on experience will help you to identify and learn to manage risks in your 4-H club activities. Participants will design a risk management plan for a current club project or activity.
- **4-H Model Horse Projects-** *Kirsten Dubbs, Extension 4-H Educator, Clinton/Lycoming Counties*
How do you start a model horse project? What project books are available? What do youth learn from models? Learn the essentials and practical aspects of starting a model horse club or adding model activities to your "real" horse club.
- **Trail Riding Essentials: Ride Smart!-** *Bud and Gwen Wills, PA Equine Council*
Are you ready to hit the trail? Planning, packing, picking a route, and more are all important to be prepared before you go out on the trail. This session will help you to Ride Smart!
- **Equine Nutrition Essentials-** *Cynthia Robinson, Purina Feeds*
Do feed labels confuse you? Tired of talking to pushy sales people? Learn how to select the feed your horse really needs.

- **Equine Career Panel-** *Panelists will include industry professionals in a variety of equine careers.*
Get the latest on careers with horses and tips on preparation for challenging and rewarding equine careers.
- **Horse Show Management, Part I-** *Donna Zang, Butler County Extension Director*
Planning a horse show? Take charge! Careful attention to details prior to the show will go a long way toward helping your show to run smoothly.
- **Banish the Butterflies: Oral Reasons in Horse Judging**
Brian Egan, Penn State Equine Science Instructor
Oral reasons will make or break a judging team's performance. Learn new techniques for teaching youth to deliver effective oral reasons.
- **Deciphering Dressage-** *Stephanie Dobiss, Certified Horsemanship Association (CHA) Instructor*
What is dressage? How do you read a dressage test? How big is a dressage ring? This session will help you understand common dressage movements and how to ride them. Explore basic dressage principles and how dressage can benefit you and your horse.
- **Horse Show Management, Part II-** *Donna Zang*
The preparation is done, and it's show day! What can you do to keep the show moving? How do you handle conflict and protests? Discuss strategies for making show day go smoothly.
- **Club Meetings – Fun and Educational!-** *Patty Kelly, Westmoreland County 4-H Volunteer*
Why is it important to include Horsemanship Skills in 4-H horse club programs? Come join the fun! Learn about activities and demonstrations to use at meetings and in county programs to promote the Horsemanship Skills Program.

Demonstrations with Horses (Penn State Ag Arena):

- **Level One Horsemanship Skills and the Young or Inexperienced Horse-** *Dr. Clint Depew*
Improve your horse's performance by developing skills on the ground and under saddle. Understanding horsemanship essentials can guarantee improved performance both in recreational riding, handling and showing, no matter what style you ride.
- **Level Two and Three Horsemanship Skills: Working With Youth and Horses**
Patty Specht, Instructor Trainer, and 4-H Volunteer
Learn or review the basic and more advanced Horsemanship Skills. Obtain useful tips to practice and learn skills or methods to help youth to practice and master these skills.
- **Success On The Trail-** *Bud and Gwen Wills*
Are you ready for a good ride? Take a firsthand look at what thorough trail ride preparation means! Hands on demonstrations for preparing you and your horse for the trail.
- **Lead Changes and Advanced Maneuvers-** *Dr. Clint Depew*
Learn how Levels 3 and 4 are built on the foundation skills riders develop in Levels 1 and 2. Observe demonstration of these skills, and learn how they can be developed and used with different riding styles and disciplines.
- **Putting It All Together: Developing Horsemanship Skills-** *Patty Specht, Patty Kelly*
A comprehensive look at the 4-H Horsemanship Skills Program. Demonstrations and ideas for putting it into practice in your club or county program.
- **Using Dressage to Improve Horsemanship Skills-** *Stephanie Dobiss*
The rider's position and timing *does* affect the horse! See how effective rider position and use of basic and more advanced dressage techniques can improve horsemanship skills.